

## PREPARING FOR YOUR SPA EXPERIENCE

### Upon Arrival

As a first time guest, please arrive 15 minutes prior to your appointment time. You will be provided with a small amount of paper work, that will help us to tailor your treatments to specifically meet your needs.

### Medications

You may wish to have a list of current medications you are taking, or ask your physician if a specific treatment is appropriate for you.

### Gratuity

Gratuities are never required, but always appreciated. You may tip in cash, credit card, gift certificate, or check. Guests may tip in person, or leave gratuity or suggestions with the front desk staff.

### Cell Phone Use

To ensure that all guests receive a time of complete relaxation while at the spa, we ask that you refrain from cell phone use during your visit. We are happy to monitor your phone for you, if you choose.

## BUSINESS HOURS

Tuesday	9am-4pm
Wednesday	9am-6pm
Thursday	9am-6pm
Friday	9am-6pm
Saturday	9am-3pm
Sunday	By appointment only

### Gift Cards

Gift cards are available in any denomination or for any service or package. Gift cards can be purchased in person or by phone. They are non-refundable. We are not responsible for lost or stolen cards. All Spa 223 gift cards may be used towards any service or products we offer. Prices are subject to change at any time. If the service prices have changed since the purchase of the card, the card is worth the value of the purchase price. We gift wrap all gift cards and are happy to mail them to either you or the recipient.



For reservations call: 810.966.0223

223 Huron Ave.  
Port Huron, Michigan 48060

[www.spa223.com](http://www.spa223.com)



## Awaken Your Senses

## MASSAGE

**Classic** 45 minutes \$65 Couples \$130  
Melt away stress with this aromatic relaxation treatment.

**Signature** 75 minutes \$85 Couples \$170  
Customize your time of relaxation with this 75 minute treatment. Includes 15 minutes of consultation to ensure a therapeutic massage with custom aromas and pressure.

**Exclusive** 120 minutes \$130  
This treatment begins with a calming steam shower in our Exclusive Suite to warm and relax the body, followed by a custom, 90 minute full body massage focusing on target areas. Continue this treatment with a private shower to reenergize yourself, leaving completely renewed.

**Reflexology** 45 minutes \$65  
A deeply relaxing treatment focusing on points of the feet to reduce tension and stress and promote general well being of the entire body.

## HEATED STONE MASSAGE

**Classic** 60 minutes \$75  
Get the most from your massage. Allow the stones to warm and relax your muscles, allowing deeper pressure, if desired. Improves circulation and calms the nerves.

## BODY TREATMENTS

**Classic** 45 minutes \$65  
Renew your skin with this must have body treatment. Perfect for events, with the change of the seasons, or coupled with another treatment. Begin with a soothing steam shower, followed by a hydrating salt and essential oil, full body exfoliation. Finish with a refreshing shower and a hydrating body application.

**Signature** 60 minutes \$85  
Steam, exfoliate, and tone with this aromatic treatment. Find yourself cocooned in a toning and detoxifying body wrap, while you enjoy a face, neck and scalp massage. Enjoy our private shower followed by a moisturizing body application.

## SKIN CARE

**Classic** 45 minutes \$65  
Feel fresh and balanced with this classic European facial. This treatment is recommended for gentlemen, teens, and our first time guests.

**Signature** 75 minutes \$85  
This customized facial is tailored for those who want to focus on results. Relax with a shoulder, neck, and scalp massage. Includes a 15 minute consultation.

**Exclusive** 105 minutes \$130  
This customized treatment is the ultimate combination of luxury and efficacy. Includes custom facial, skin care enhancement, and massage on scalp, shoulders, hands and feet. Includes a 15 minute consultation.

## SKIN CARE ENHANCEMENTS

**Restorative Eye Treatment** 30 minutes \$30  
Refresh and renew your eyes. This treatment helps to boost the skin's natural collagen production, minimize the appearance of lines and wrinkles, and reduce the appearance of puffiness and dark circles.

**Skin Resurfacing Peel** 15 minutes \$35  
Revitalize dull skin with one of our resurfacing peels. Our estheticians will discuss your concerns and choose one of our five resurfacing treatments.

**Purchase as an add-on for \$25**

## WAXING SERVICES

Brow Shape	\$20	Chest w/shoulders	\$55-\$100
Brow Clean up	\$15	Back w/shoulders	\$55-\$100
Upper Lip	\$12	Stomach	\$12-\$25
Chin	\$15	Bikini	\$35-\$55
Sides	\$20	Brazilian	\$70-\$100
Full Face	\$50	Half Leg	\$35-\$55
Under Arm	\$25	Full Leg	\$60-\$85
Half Arm	\$25-\$40	Full Leg w/bikini	\$85-\$125
Full Arm	\$45-\$60	Toes	\$10

## NATURAL NAIL SERVICES

**Signature Manicure** 45 minutes \$35  
**Signature Pedicure** 45 minutes \$50  
A basic moisturizing treatment that includes soak, nail shape, foot and leg massage, and polish.

**Exclusive Manicure** 60 minutes \$45  
**Hot Stone Pedicure** 60 minutes \$60  
Includes soak, nail shaping, exfoliation, heated stone massage, and polish.

**Exclusive Pedicure** 90 minutes \$75  
Includes soak, nail clipping, cuticle and callus work. Also a heated neck and hand wrap, scrub, hand and foot masque, hand and foot massage and polish application.

**Cupcake Pedicure** 30 minutes \$30  
**Lollipop Manicure** 30 minutes \$30  
Perfect for making a young girl's day a little sweeter! Includes soak, nail shape, massage, small bottle of polish to take home, and a lollipop or cupcake to enjoy during treatment! For girls 10 years and younger.

## CND Shellac

Shellac is the first hybrid nail color. UV3 technology combines the ease of polish with the permanence of gels. A true innovation in chip-free, extended-wear nail color.

**Shellac Manicure** 45 minutes \$38  
**Shellac Soak-Off** 30 minutes \$13  
**Shellac Soak-Off and Re-Application** 60 minutes \$43

## YOGA

We offer Vinyasa Yoga. Energetic mixed level strengthening & conditioning yoga flow class. Class size is limited. Call for days and pricing.

## HYDRO THERAPY TREATMENT

**Signature** 45 minutes \$85  
Enjoy our beautiful Vichy Shower Suite as you relax on a massage table. Our therapist uses a high pressured water hose, seven headed shower, and hand held shower to warm and relax tense muscles.

**Exclusive** 90 minutes \$130  
This treatment takes the Signature Vichy Treatment a step further, using our water hose and showers to prepare the body for custom, hands on 45 minute massage. Ideal for those needing a deeper massage, and to aid in detoxification and stimulation of your lymphatic system.

## PACKAGES

Our three levels of packages are designed to give you the perfect combination of treatments to ensure that you leave feeling relaxed and rejuvenated. Each package includes a complimentary lunch.

**The Spa Classic** 3 hours \$195  
Classic Facial, Classic Massage, and Classic Body Treatment

**The Spa Signature** 4 hours \$220  
Signature Facial, Signature Massage, and Signature Pedicure

**The Spa Exclusive** 6 hours \$375  
Exclusive Facial, Exclusive Hydrotherapy Treatment, and Exclusive Manicure and Pedicure

**The Grand** 45 minutes \$120  
Allow the stress to melt away as this treatment focuses on two universal stress points – scalp and foot. Includes a custom facial and pedicure simultaneously. Also great for those with limited time.

We offer package suggestions for any occasion - birthday, bridal, anniversary, mom-to-be, holiday, mother's and father's day and others. You may also create your own package! Choose any 3 full treatments and we will include a complimentary lunch.

## SPA PARTIES

Whether it's a bridal party, birthday party or simply a girls' night out - let Spa 223 help you plan your unique spa party experience. Each party is customized to meet the specific wishes of each group. Spa parties are available for groups of 4 or more. Please contact us to discuss the many options available.